



Pottery Primary School: Subject Long-Term Plan: PE
EYFS

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p><u>Games - Multi skills</u></p> <ul style="list-style-type: none"> • Develop movement skills they have already acquired: - rolling - walking - running - skipping - crawling - jumping - hopping - climbing <p>Physical Literacy skills and core body strength and stability development</p>	<p><u>Ball Skills- Throwing and catching</u></p> <ul style="list-style-type: none"> • Roll and throw a ball with accuracy • Accurately throw a ball underarm and return with bounce. • Stop and return ball accurately. • Can roll a ball underarm accurately. 	<p><u>Dance</u></p> <ul style="list-style-type: none"> • Progress towards a more fluent style of moving, with developing control and grace. • Develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education sessions and other including dance, gymnastics, sport and swimming • Combine different movements with ease and fluency. 	<p><u>Gymnastics</u></p> <ul style="list-style-type: none"> • Revise and refine the fundamental movement skills they have already acquired: - rolling - walking - running - skipping - crawling - jumping - hopping - climbing • Progress towards a more fluent style of moving, with developing control and grace. • Develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education sessions and other physical disciplines including dance, gymnastics, sport and swimming. • Confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group. • Develop overall body-strength, balance, co-ordination and agility. 	<p><u>Athletics</u></p> <ul style="list-style-type: none"> • Negotiate space and obstacles safely, with consideration for themselves and others. • Demonstrate strength, balance and coordination when playing. • Move energetically, such as running, jumping, dancing, hopping, skipping and climbing 	<p><u>Ball skills- football/invasion games</u></p> <ul style="list-style-type: none"> • Further develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting, and aiming. • Develop confidence, competence, precision and accuracy when engaging in activities that involve a ball

