

Pottery Primary School: Subject Long-Term Plan: PSHE

Cycle: A

LK S1	Autumn 1 Family & Relationships	Autumn 2 Citizenship	Spring 1 Health and Wellbeing	Spring 2 Economic Wellbeing	Summer 1 Safety and the changing body	Summer 2 Safety and the changing body and transition
	<ul style="list-style-type: none"> Understand the need for rules for PSHE lessons. Understand that problems occur in friendships and that violence is never right. Understand what bullying is and what to do if it happens. Understand the impact of bullying and the role bystanders can take. Understand how toys can 	<ul style="list-style-type: none"> Describe the benefits of recycling. Know that there are different groups within the local community and how they use community buildings/places. Be able to describe in simple terms the role of a local councillor. Be able to justify why one issue might be more important than another 	<ul style="list-style-type: none"> Create a healthy diary, where energetic activities and high energy food are scheduled for the same day. Show understanding that food choices, exercise, dental hygiene, positive relationships and managing feelings are all important to keeping healthy. Describe what is meant by a 	<p>Year 3 only</p> <ul style="list-style-type: none"> Understand that a range of things might influence our spending decisions. Understand how to create a simple budget. Understand how situations involving money can affect our feelings. Understand that a wide range of jobs are available and that skills and interests lead people 	<ul style="list-style-type: none"> Write an email with instructions written using positive language. Create a decision tree showing how to deal with unkind online behaviour and cyberbullying. Understand how quickly information can spread on the internet and some of the risks associated with that. 	<ul style="list-style-type: none"> Write an email with instructions written using positive language. Create a decision tree showing how to deal with unkind online behaviour and cyberbullying. Understand how quickly information can spread on the internet and some of the risks associated with that.

<p>reinforce gender stereotypes.</p> <ul style="list-style-type: none"> • Recognise male and female stereotyped characters. Understand that stereotypes arise from a range of factors, including explaining some which are associated with age. <p>- Understand that stereotypes about disabilities are usually untrue.</p> <ul style="list-style-type: none"> • Understand some boundaries in friendships, including both physical boundaries and expectations 	<p>to local people.</p> <ul style="list-style-type: none"> • Understand the need for rules and the reason for having consequences of breaking rules. • Understand how charities support the local community and how people can help. • Understand what human rights are and why they are important. 	<p>healthy, balanced diet and naming the different food groups.</p> <ul style="list-style-type: none"> • Explain how to take care of your teeth. <p>Stretch to relax their muscles.</p> <ul style="list-style-type: none"> • Describe how relaxation affects the body. • Describe what they are good at and what they enjoy as well as naming groups or communities they are a part of. • Identify their own strengths and that they can help other people. 	<p>to certain jobs.</p> <p>Year 4 only</p> <ul style="list-style-type: none"> • Understand the factors which can make something good value for money, as well as other factors that affect purchasing decisions. • Understand how to keep track of money and why this is important. • Understand ways in which we can lose money and the range of feelings associated with losing money. • Understand that there are a range of influences 	<ul style="list-style-type: none"> • Understand the difference between private and public, and secrets and surprises. • Identify an allergic reaction to a bite or sting and how to seek medical help if required. • Understand choices that they can make and those that are made for them. • Understand it is most important to ensure the safety of myself and others when faced with an emergency situation. 	<ul style="list-style-type: none"> • Understand the difference between private and public, and secrets and surprises. • Identify an allergic reaction to a bite or sting and how to seek medical help if required. • Understand choices that they can make and those that are made for them. • Understand it is most important to ensure the safety of myself and others when faced with an emergency situation.
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	<p>from friendships.</p> <ul style="list-style-type: none"> • Understand who they trust and why. • Understand the similarities and differences there can exist between people and how to show respect for those who are different. • Understand that families are all different and that the country people live in can influence these differences • Understand what a bereavement is and how I can help someone. 		<ul style="list-style-type: none"> • Describe how they feel when they make a mistake and explain what can be learned from making mistakes. • Express their feelings; offer suggestions of what to say when setting a boundary and make note of things they like and dislike to help them create boundaries. • Describe what things make them happy and suggest ways they could help work 	<p>on job choices and that these can be positive or negative.</p> <p>Year 3 and 4</p> <ul style="list-style-type: none"> • Understand that stereotypes sometimes exist about the jobs people do but these should not limit anyone. 	<ul style="list-style-type: none"> • Explain rules for keeping safe near roads. 	<ul style="list-style-type: none"> • Explain rules for keeping safe near roads. • Understanding past achievements and how goals can help us to achieve in the future. • Understanding that change is part of life and that there are strategies that they can use to help them cope with change.
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			<p>towards this as a goal.</p> <ul style="list-style-type: none">• Explain that there are some things they can control and some things they cannot.			
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Pottery Primary School: Subject Long-Term Plan: PSHE

Cycle: B

LKS 2	Autumn 1 Family & Relationships	Autumn 2 Citizenship	Spring 1 Health and Wellbeing	Spring 2 Economic Wellbeing	Summer 1 Safety and the changing body	Summer 2 Safety and the changing body and transition
	<ul style="list-style-type: none"> • Understand of the need for rules for PSHE lessons. • Understand that problems occur in friendships and that violence is never right. • Understand what bullying is and what to do if it happens. • Understand that families love and support each other but sometimes problems can occur and help is available if needed. • Understand how toys can reinforce gender stereotypes and recognise male 	<ul style="list-style-type: none"> • Describe the benefits of recycling. • Know that there are different groups within the local community and how they use community buildings/places. • Describe in simple terms the role of a local councillor. Being able to justify why one issue might be more important than another to local people. • Understand the need for rules and the reason for having consequences of breaking rules. 	<ul style="list-style-type: none"> • Create a healthy diary, where energetic activities and high energy food are scheduled for the same day. • Show understanding that food choices, exercise, dental hygiene, positive relationships and managing feelings are all important to keeping healthy. • Identify and share key facts about dental health. • Identify strengths in their peers' work. 	<p>Year 3 only</p> <ul style="list-style-type: none"> • Understand that a range of things might influence our spending decisions. • Understand how to create a simple budget. • Understand how situations involving money can affect our feelings. • Understand that a wide range of jobs are available and that skills and interests lead people to certain jobs. <p>Year 4 only</p> <ul style="list-style-type: none"> • Understand the factors which can make something good value for money, as well as other factors that affect purchasing decisions. 	<ul style="list-style-type: none"> • Send an email which describes some of the best ways to avoid being tricked by fake emails. • Understand the reasons for legal age restrictions. • Demonstrate an understanding of how search engines work and whether information is useful. • Understand some of the risks of smoking and some of the benefits of being a non-smoker. 	<ul style="list-style-type: none"> • Identify a casualty who is having an asthma attack. • Understand choices that they can make and those that are made for them. • Understand it is most important to ensure the safety of myself and others when faced with an emergency situation. • Explain rules for keeping safe near roads. • To create goals to achieve in Year 4 (Y3) • To understand the strategies people use to

	<p>and female stereotyped characters.</p> <ul style="list-style-type: none"> • Understand that stereotypes arise from a range of factors, including explaining some which are associated with age. • Understand that stereotypes about disabilities are untrue. • Understand that what they do and say has an effect on other people. • Understand how to show that you are listening and describe what a good listener is. • Understand that manners vary in different situations. • Understand the similarities and differences that 	<ul style="list-style-type: none"> • Understand that children have rights and how these benefit them. • Understand what human rights are and why they are important. 	<ul style="list-style-type: none"> • Describe a calm place that helps them to feel relaxed. • Write or describe their strengths and how they could use these in school. • Describe how they would break a problem down into small, achievable goals. • Understand the range of emotions we can experience. • Express their feelings; offer suggestions of what to say when setting a boundary and make note of things they like and dislike to help them create boundaries. • Understand what mental health is and 	<ul style="list-style-type: none"> • Understand how to keep track of money and why this is important. • Understand ways in which we can lose money and the range of feelings associated with losing money. • Understand that there are a range of influences on job choices and that these can be positive or negative. <p>Year 3 and 4</p> <ul style="list-style-type: none"> • Understand that people can change their job. 		<p>cope with change (Y4)</p>
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	<p>can exist between people and how to show respect.</p> <ul style="list-style-type: none">• Understand that families are all different and that the country people live in can influence these differences.		<p>that sometimes people might need help.</p>			
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