

The Derbyshire Local Authority Scheme we use is available to view in school.

Overview: Two year long-term plan for mixed aged classes.

A Year (2019 – 2020) (2021 – 2022) etc

	Reception (see RSE reception for teaching ideas)	Year 1 / 2	Year 3/4	Year 5/6
Autumn 1	Identify the people who they love and are special to them. Building relationships. Sharing. Caring for each other and the classroom environment. Understood basic hygiene routines. How to keep ourselves healthy: foods, exercise and tooth brushing.	Bullying Matters	Bullying Matters	Bullying Matters
Autumn 2	Explore the feelings they experience with special people. Playing together and taking turns.	Relationships	Relationships	Relationships
Spring 1	All about babies. Reflect on the fact that the children entered the world as babies, and that this event is referred to as their birth. Good to be me. Responsibility.	Exploring Emotions	Exploring Emotions	Exploring Emotions
Spring 2	Recognise the different stages of life. Understand that their actions can affect others. Show resilience.	Difference and Diversity	Difference and Diversity	Difference and Diversity
Summer 1	Understand that people are part of the cycle of nature. Look at me now. Identify the people who they love and are special to them. Resolving conflicts. Show sensitivity towards others. Explore feelings	Being Responsible	Being Responsible	Being Responsible
Summer 2	Understand that people are part of the cycle of nature. Look at me now. Explore the feelings they experience with special people. Resolving conflicts. Show sensitivity towards others. Explore feelings Questions for reflection and assessment linked to all units covered.	Being Healthy	Being Healthy	Being Healthy

Overview: Two year long-term plan for mixed aged classes.

B year (2020 – 2021) (2022 – 2023) etc

	Reception	Year 1 / 2	Year 3/4	Year 5/6
Autumn 1	Identify the people who they love and are special to them. Building relationships. Sharing. Caring for each other and the classroom environment. Understood basic hygiene routines. How to keep ourselves healthy: foods, exercise and tooth brushing.	Being Me	Being Me	Being Me
Autumn 2	Explore the feelings they experience with special people. Playing together and taking turns.	Growing Up	Growing Up	Growing Up
Spring 1	All about babies. Reflect on the fact that the children entered the world as babies, and that this event is referred to as their birth. Good to be me. Responsibility.	Being Safe	Being Safe	Being Safe
Spring 2	Recognise the different stages of life. Understand that their actions can affect others. Show resilience.	Drug Education	Drug Education	Drug Education
Summer 1	Understand that people are part of the cycle of nature. Look at me now. Identify the people who they love and are special to them. Resolving conflicts. Show sensitivity towards others. Explore feelings	Money Matters	Money Matters	Money Matters
Summer 2	Understand that people are part of the cycle of nature. Look at me now. Explore the feelings they experience with special people. Resolving conflicts. Show sensitivity towards others. Explore feelings Questions for reflection and assessment linked to all units covered.	Changes	Changes	Changes

In addition staff will need to explicitly cover the following aspects that are not explicit in the scheme:

<u>Year 1 and 2</u>	<u>A Year</u>	<u>B Year</u>
Use living and growing as an additional resource Refer to RSE document for additional material to cover	N/A	<u>Growing Up</u> : make it explicit that the female gives birth. Discuss how a baby is cared for in the womb <u>Being Me</u> : Explore perceptions about stereotypes
<u>Year 3 and 4</u> Use living and growing as an additional resource Refer to RSE document for additional material to cover	<u>Relationships</u> : teach children about peer pressure <u>Being responsible</u> : How to care for a new born baby and the impact the change can have on a family	<u>Being Me</u> : teach how to develop a positive body image and recognise own strengths and qualities <u>Being Safe</u> : teach children about peer pressure
<u>Year 5 and 6</u> Use living and growing as an additional resource Refer to RSE document for additional material to cover	<u>Y6 children</u> • FGM • How a baby is born • When an adult is ready for parenthood • Understanding that there are ways to avoid pregnancy	<u>Y6 children</u> • FGM • How a baby is born • When an adult is ready for parenthood • Understanding that there are ways to avoid pregnancy